



Perch

FOR WOMEN

WELCOME TO PERCH FOR WOMEN

SPRING
2019



THE SOUND OF FOOTSTEPS UPSTAIRS

Waiting. Doesn't it feel like all we do is wait? In life. In business. With our weather. If we fix our focus on the right things, we will see the purpose in the process and waiting. Our Perch team has been waiting. Waiting for our Letters Patent approval- now received! Waiting for our official name change-also received! Waiting for monthly partners and ongoing financial provision. We haven't waited for faith. We are confident that we are on the right path and already see evidence of our faith in the transformed lives of women at Perch on an ongoing basis.

Please make all donations payable to **Perch For Women.*

Home. That word conjures up so many different things for each of us. What is home? Is it safe? Is it filled with loved ones? Does it remind us of a painful past or is it filled with a hopeful future?

In January, a former Hannah House resident and her two children moved into Perch. With the current custody agreement, one of the children is only here part-time.

On the days that both children are home, sounds of laughter and chatter fill the house. Scurried footsteps run down the stairs to share details of the school day. And, when it's just mom and son, laughter still fills the house as the two sit at the dinner table to challenge each other in an exciting game of Uno or a science project.

What would it be like to have someone believe in you so much that they'd take a chance on you? That they'd want to walk with you through both the progress and the challenge.

We are deliberately mentoring this young mom because we see great potential and believe in the intention she has displayed. She is not interested in a hand-out but wants to leave a legacy that rises above choices made and realities placed upon her.

The future for this family looks so bright but will not be without its challenges. To that end, we have begun to formalize a plan to reduce existing financial debt. As well, we are in frequent communication around a business and employment plan. Many of us would find it difficult and possibly paralyzing were we faced with the same challenges that this woman needs to walk through.

Your donations and monthly partnerships support more than Perch programs and workshops. Your financial contributions also help us walk, in a deliberate way, with this young mom and family living at Perch.

What if she could have a financial fresh start? What if she didn't need to worry about school debt? What if she could buy the trailer she needs for her business? What if she had the funds to pay for legal fees? What if.

Perch is not on a rescue mission but exists to give hope and offer a platform for restoration. We believe that Perch is the home and a place for just that. We are walking one step at a time. And, we are believing and trusting that EVERY need that Perch has will be provided.

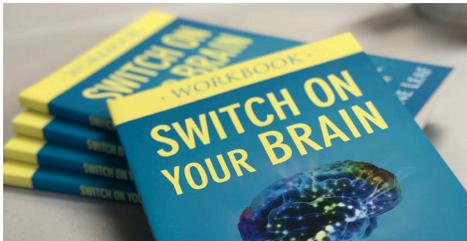


HAPPENING @ PERCH FOR WOMEN

Since the fall of 2018, we've had several workshops and began a monthly book club in January 2019. Our Cooking For Community is also continuing each month to provide practical encouragement. Our 9 week Switch On Your Brain workshop has been so significant in the lives of the 7 participants that we will offer this program again in May as well as the fall.

In total, we have had 76 participants attend one of our programs or workshops since October 2018. For future dates and offerings, please visit our website [perchforwomen.co]. Be sure to follow us on Facebook and Instagram for the most up to date information.

SAVE THE DATE: Green + Grow Workshop/Fundraiser
Friday, June 7, 7:00pm - 9:00pm [See website for details & registration]



LIFE STORIES

Workshops and programs are really just a path and a tool for us to discover truth about life and who we are within the context of God's love. Below are just some of the many examples of transformation and hope we are experiencing.

From our Switch On Your Brain group: 'I can't believe what this is doing. I have a completely different perspective on my life.'

'My marriage has been a challenge for a long time. Some days it seems like it would be easier to quit. But, even if I don't feel or see hope, I am able to choose hope & truth.'

'I used to be consumed with feelings of inadequacy and that I'm not enough. I'm not thinking that toxic thought anymore. I believe I have much to offer and worthy of love.'

From our March book club: 'What an amazing night. So thankful to have been a part of it and can't wait for the next one! We are reading books that not only inspire but lead me to understand more about who I have been created to be.'

From our January therapeutic painting workshop: 'I found a new way of expressing what is inside. While that is true, it was difficult to see the way that, even with art, I want to control everything in my life. How much better my art is when I relax into the gift and process. And, I see such a connection to how this works out in my life and how I look at everything around me.'

OPPORTUNITIES

We can't and don't want to do this endeavour alone. Perch is funded by private donation and not affiliated with any other agency. There are several ways you can partner with us.

- * Pray regularly for Perch + our participants
- * Participate in a workshop
- * Join us to Cook For Community
- * Become a mentor
- * Become a monthly or yearly donor

We have received our official name change from the CRA. Our charity number will remain the same.

****Please make donations payable to Perch For Women. You may also visit our website to donate via credit card.**



STAFF TEAM

'Let love and kindness be the motivation behind all that you do.' [John 13:34]

As a team, we are excited about how God has been transforming our own hearts and look forward to all that is to come this year.

From Left To Right:

Cheryl Plett: Executive Director
[cheryl@perchforwomen.co]

Lisa Elliotson: Communication + Events Director
[lisa@perchforwomen.co]

Rochelle Plett: Program Director
[rochelle@perchforwomen.co]

PERCH FOR WOMEN

T: 289.271.5626 E: info@perchforwomen.co W: perchforwomen.co
4761 Chrysler Avenue, Niagara Falls, ON L2E 3V9

****Please make all donations payable to Perch For Women. You may also visit our website to donate via credit card.****